

**LEHIGH VALLEY CHILD CARE, INC.
LUNCH**

MENU SET 1

MONTH/YEAR _____ PROVIDER'S NAME _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MEAT AND/OR MEAT ALTERNATE</u>	Turkey/Beef Hot Dogs <input type="checkbox"/>	Chicken Pattie <input type="checkbox"/>	Roasted Beef <input type="checkbox"/>	Chip Steaks <input type="checkbox"/>	Fish Nuggets with Cheese <input type="checkbox"/>
<u>VEG/FRUIT</u>	French Fries	Wax Beans	Mashed Potatoes	Green Beans	Pineapple Chunks
<u>VEG/FRUIT</u>	Orange Slices	Apple Sauce	Mixed Fruit	Sliced Peaches	Cooked Broccoli
<u>BREAD/PASTA</u>	Buns (Enriched)	Homemade Macaroni & Cheese (Real)	Biscuits (Enriched)	Rolls (Enriched)	Buttered Noodles
<u>MILK</u>	Milk**	Milk**	Milk**	Milk**	Milk**
<u>OTHER</u>					
<u>MEAT AND/OR MEAT ALTERNATE</u>	Meatballs <input type="checkbox"/>	Baked Veal Patties <input type="checkbox"/>	Homemade Beef-A-Roni Ground Beef/Turkey <input type="checkbox"/>	Baked Chicken <input type="checkbox"/>	Ham & Potato Cubes in Cheese Sauce <input type="checkbox"/>
<u>VEG/FRUIT</u>	Tomato Sauce Salad	Potatoes	Sauteed Tomato Sauce	Mixed Vegetables	Peas
<u>VEG/FRUIT</u>	Apple Slices	Peaches	Green Beans	Oranges	Peaches
<u>BREAD/PASTA</u>	Spaghetti	Bread (Enriched)	Pears	Rice	Dinner Roll (Enriched) with Margarine
<u>MILK</u>	Milk**	Milk**	Pasta	Milk**	Milk**
<u>OTHER</u>			Milk**		
<u>MEAT AND/OR MEAT ALTERNATE</u>	Turkey <input type="checkbox"/>	Meatballs <input type="checkbox"/>	Barbecue Chicken <input type="checkbox"/>	Egg Omelette <input type="checkbox"/>	Chicken Pattie <input type="checkbox"/>
<u>VEG/FRUIT</u>	Corn	Tomato Sauce Salad	Green Beans	Hash Browns	Cooked Carrots
<u>VEG/FRUIT</u>	Apple Sauce	Fruit Cup	Oranges	Pears	Oranges
<u>BREAD/PASTA</u>	Bread (Enriched)/Stuffing	Pasta	Brown Rice/Roll (Enriched)	Toast (Enriched)	Homemade Macaroni & Cheese (Real)
<u>MILK</u>	Milk**	Milk**	Milk**	Milk**	Milk**
<u>OTHER</u>					
<u>MEAT AND/OR MEAT ALTERNATE</u>	Tuna Fish Salad with Hard Cooked Egg <input type="checkbox"/>	Beef-A-Roni Ground Beef/Turkey <input type="checkbox"/>	Meat Loaf (Ground Beef or Turkey) <input type="checkbox"/>	Ham <input type="checkbox"/>	Fish Fillets <input type="checkbox"/>
<u>VEG/FRUIT</u>	Lettuce, Tomato	Sauteed Tomato Sauce	Tator Tots	Green Beans	French Fries
<u>VEG/FRUIT</u>	Fruit Cocktail	Cauliflower	Grapes	Bananas	Broccoli
<u>BREAD/PASTA</u>	Bread (Enriched)	Apple Slices	Roll (Enriched)	Macaroni & Cheese (Real Cheese)	Roll (Enriched)
<u>MILK</u>	Milk**	Pasta	Milk**	Milk**	Milk**
<u>OTHER</u>		Milk**			
<u>MEAT AND/OR MEAT ALTERNATE</u>	Meatballs <input type="checkbox"/>	Pork Chop <input type="checkbox"/>	Beef Barbecue <input type="checkbox"/>	Egg Omelette <input type="checkbox"/>	Turkey/Beef Hot Dog <input type="checkbox"/>
<u>VEG/FRUIT</u>	Tomato Sauce Salad	Potato Salad/Tator Tots	Cooked Carrots	Hash Browns	Green Beans
<u>VEG/FRUIT</u>	Bananas	String Beans	Oranges	Apple Sauce	Pineapple Chunks
<u>BREAD/PASTA</u>	Pasta	Bread (Enriched)	Roll (Enriched)	Rye/Wheat Toast (Enriched)	Bun (Enriched)
<u>MILK</u>	Milk**	Milk**	Milk**	Milk**	Milk**
<u>OTHER</u>					

LVCC REV 12/07

** WHOLE MILK MUST BE SERVED TO ALL CHILDREN UNDER THE AGE OF 2 YEARS

NOTE: BREAD (DINNER ROLLS, BUNS, ETC.) MUST BE MADE WITH ENRICHED OR WHOLE GRAIN FLOUR!!

MONITOR'S INITIALS/DATE _____